

Touch

Has

Always



Been

Important!

Cover Art: Michelangelo Buonarroti's work "Creation of Adam" in The Sistine Chapel

Sample Gift Certificate



You are entitled to a
00 Minute massage.

Call

732-600-4060

for an

appointment!



Massage Reduces The Effects Of Every Day Stress.

When Massage Therapy activates your parasympathetic nervous system, it counteracts your body's negative response to stress, relaxing muscle tension and allowing heart rate, blood pressure and circulation to return to normal.

Look for more information about the benefits of massage on my web page at <http://www.HandsForHealth.com>



Nationally Certified Massage Therapist
Bruce Needhammer

Certification Number 327310-00

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